



TUE PROCEDURE - FREQUENTLY ASKED QUESTIONS

WHAT IS THE THERAPEUTIC USE EXEMPTION (TUE)?

Athletes may have illnesses or conditions that require them to take certain medications or undergo medical procedures.

If the medication or method that an athlete is required to take to treat a disease or condition is on [the Prohibited List of the World Anti-doping Agency \(WADA\)](#), the Therapeutic Use Exemption (TUE) may authorize the athlete to take the substance in question or use the method in question while competing, without invoking an antidoping rule violation and applicable sanctions.

Applications for TUEs are evaluated by a panel of physicians, the TUE Committee (TUEC).

The TUEs granted by a National Anti-doping Organization are only valid for national-level Competition or Out-Of- Competition Testing.

WHAT ARE THE CRITERIA FOR GRANTING A THERAPEUTIC USE EXEMPTION (TUE)?

All the following four criteria must be met:

(For more details,

please refer to [WADA's International Standard for Therapeutic Use Exemptions \(ISTUE\) Article 4.2](#))

- The athlete has a clear diagnosed medical condition, which requires treatment using a prohibited substance or method.
- The therapeutic use of the substance will not, on the balance of probabilities, produce significant enhancement of performance beyond the athlete's normal state of health.
- The prohibited substance or method is an indicated treatment for the medical condition, and there is no reasonable permitted therapeutic alternative.
- The necessity to use that substance or method is not the consequence of the prior use (without a TUE) of a substance or method which was prohibited at the time of use.



WHO SHOULD APPLY FOR A TUE? WHEN AND WHERE TO APPLY?

Athletes who are subject to antidoping rules would need a TUE to take a prohibited substance or use a prohibited method. Check with the help of E.O.KA.N./HADA which body you should apply to and whether you can apply retroactively.

First, check if the required medication or method you intend to take or use is prohibited according to the WADA Prohibited List:

You can check the status of the medicine in question on the website www.globaldro.com while you can see the correlation between the brand name of the pharmaceutical preparation and the active substance (s) on the website www.galinos.gr for pharmaceutical preparations commercially available in Greece.

You have a responsibility to inform your physician(s) that you are an athlete subject to antidoping rules. You and your physician should check [the Prohibited List](#) for whatever substance/method you are prescribed. If the substance/method is prohibited, discuss non-prohibited alternatives. If there are none, apply for a TUE. Remember that the athletes have the ultimate responsibility. Contact EOKAN if you are facing any difficulties.

Then, contact EOKAN to determine your competition level and your TUE application requirements.

If it is determined that you are a National-Level Athlete, that is:

- α) You are included in the Registered Testing Pool (RTP) and Testing Pool (TP) of E.O.KA.N./HADA.
- β) You are an athlete in an individual sport who participates in the national championships in the highest age category (men - women - open) or you meet the conditions for participation in said events, according to the criteria of the relevant national federation.
- γ) You are a team sports athlete who competes in a professional club/team or in a non-professional club/team, competing in the highest national division.
- δ) You are an athlete who meets the conditions for participation according to the criteria of the relevant International Federation to participate in international events or competitions or participate in qualifying events for such events, but are not classified as International Level Athletes by your International Federation.

For substances prohibited in-competition only, you should apply for a TUE at least 30 days before your next competition. (Please refer to the section below: "**How to apply to E.O.KA.N. for a TUE?**")

If your competition level is lower than the "National-Level Athlete", as defined above, you are entitled to submit the TUE application retroactively, after Testing to which you were submitted by E.O.KA.N./HADA or other Anti-doping Organization (ADO).



Important Notice:

A TUE granted by EOKAN/HADA is valid only at the national level. If you are or will become an International Level Athlete or compete in Major Events, the TUE will not be valid unless recognized by the relevant International Federation (IF), or the Major Event Organization (MEO). It is your responsibility to check whether the TUE granted to you by EOKAN is automatically accepted by this IF or MEO.

EOKAN/HADA can assist you in determining your level and the TUE application requirements and, if necessary, will assist you in submitting the TUE granted to you by EOKAN/HADA to an IF or MEO for recognition.

Contact **Ms. Spyridoula Christopoulou**, tel: **+302106832000**, email: **tue@eokan.gr**

CAN I GET A THERAPEUTIC USE EXCMPTION (TUE) RETROACTIVELY?

You can submit your TUE application to EOKAN/HADA retroactively, only if:

- You needed immediate and urgent treatment for a medical condition.
- There was insufficient time, opportunity or other extraordinary circumstances that prevented you from submitting your TUE application, or having it evaluated in time, before getting tested.
- According to the EOKAN antidoping rules, you were not allowed or required to apply for a TUE in advance.
- You are an Athlete of a lower level (than the "National Level") who is not subject to the jurisdiction of an International Federation, or a National Anti-doping Organization and you have been tested.
- Your sample tested positive after using an Out-of-Competition substance that is only prohibited In-Competition (for example glucocorticoids).

In rare and exceptional circumstances notwithstanding any other provisions in the ISTUE, you may apply for and receive a retroactive TUE approval for a prohibited substance or method if, considering the purpose of the Code, it would be manifestly unfair not to grant a retroactive TUE.

This unique retroactive TUE will only be granted after WADA's prior approval (and it is at WADA's sole discretion to agree or reject EOKAN's/HADA's decision).

Important Notice:

The use of prohibited substance or method without a TUE may result in an Anti-doping Rule Violation.

In the event that a retroactive application for a TUE is necessary following a sample collection, we strongly recommend that you prepare and be ready to submit your medical file for evaluation.



HOW TO SUBMIT AN APPLICATION TO E.O.KA.N/HADA FOR A THERAPEUTIC USE EXCEMPTION (TUE)?

EOKAN/HADA encourages the submission of TUE applications through the ADAMS system together with the submission of the required medical file.

If you do not have an ADAMS account yet, contact **Ms. Spyridoula Christopoulou**, tel **2106832000-1**, email: tue@eokan.gr to create an account.

Otherwise, download the **TUE application form** of EOKAN/HADA and once completed, according to the instructions, and signed, send it with the required medical file attached to the following secure email address: tue@eokan.gr

The TUE application must be completed in legible capital letters or typing.

A medical file must include:

- A comprehensive medical history, including documentation from the original diagnosing physician(s) (where possible).
- The results of all examinations, laboratory investigations and imaging studies relevant to application.

(In case the TUE Committee decides that additional medical examinations or imaging studies are required for rendering a decision, their cost is at the responsibility of the Athlete who applied for the TUE).

Any TUE application that is not complete or legible will not be dealt with and will be returned for completion and re-submission.

To assist you and your doctor in providing the correct medical documentation, we suggest that you consult:

[Checklists for TUE applications](#)

[WADA's Medical Information to Support the Decisions of TUECs](#)

for guidance on specific common medical conditions, treatments, substances, etc.

Keep a complete copy of the TUE application form and all medical information submitted in support of your application and proof that it has been sent.

WHAT HAPPENS IN MAJOR EVENTS?

A Major Event Organization requires athletes to apply for the recognition of their TUE if they wish to use a prohibited substance or method in connection with the Event.

If you have a TUE granted by EOKAN/HADA and you will be competing at a Major Event e.g., the Olympic Games, you should contact the MEO for information for the recognition process.



WHEN WILL I RECEIVE THE DECISION ON MY TUE APPLICATION (OR REQUEST FOR RECOGNITION)?

The TUE Committee of EOKAN/HADA must render a decision as soon as possible and usually within 21 days from the date of receipt of the complete TUE application, including all the required medical information.

WHAT IF I NEED TO RENEW MY TUE?

Each TUE has a specific duration, at the end of which it expires automatically. Should you need to continue to use the prohibited substance or method, it is your responsibility to submit a new application for a TUE with updated medical information ahead of the expiry date, so that there is sufficient time for a decision to be made prior to the expiry of the current TUE.

Important Notice:

The presence (following sample collection), use, possession or administration of the prohibited substance or method must be consistent with the terms of your TUE. Therefore, if you require a materially different dosage, frequency, route or duration of administration, you should contact EOKAN/HADA as you may be required to apply for a new TUE.

Some substances and dosages, e.g., insulin, are often modified during treatment and these possible fluctuations should be mentioned by the treating physician in the TUE application and would be usually accepted by the ADO TUEC.

WHAT IF MY TUE APPLICATION IS DENIED BY EOKAN/HADA;

A decision to deny a TUE application will include a written explanation of the reason (s) for the denial. If these reasons are not clear to you, please contact EOKAN/HADA to understand exactly why your TUE application was denied. Sometimes there may be a critical piece of information, diagnostic test, laboratory results missing, etc. In this case, you should re-submit your application. Otherwise, you can appeal to ASEAD for your denied application.

WHAT IF MY TUE RECOGNISED BY EOKAN/HADA IS NOT RECOGNISED BY MY INTERNATIONAL FEDERATION?

You or EOKAN/HADA have 21 days from the date of decision to refer the matter to WADA for review. You should submit the same information that was provided to EOKAN/HADA, on which the decision was issued by EOKAN's/HADA's TUE Committee.

Please use a secure on-line method or send a registered letter to:
WADA Medical Department
World Anti-Doping Agency
Stock Exchange Tower
800 Place Victoria (Suite 1700)
P.O. Box 120



Montreal (Quebec) H4Z 1B7
Canada

The email address for inquiries and/or to send a review request is: medical@wada-ama.org

Pending WADA's decision, the TUE granted by EOKAN/HADA remains valid only for national-level competition and Out-of-Competition Testing. If the matter is not referred to WADA for review, EOKAN/HADA must determine whether the original TUE that was granted should remain valid for national-level Competition and Out-of-Competition Testing.

WILL MY MEDICAL INFORMATION BE TREATED IN A CONFIDENTIAL MANNER?

All the information contained in a TUE application, including the supporting medical information and any other information related to the evaluation of your TUE request, is kept strictly confidential and treated in accordance with the Athlete's Declaration contained in the ADAMS TUE process and in the **TUE application** form of EOKAN. All members of the TUE Committee and any other authorized recipients of your TUE request and related information (as described in the Athlete's Declaration) are subject to a professional or contractual confidentiality obligation.

Please review the terms of the Athlete's Declaration carefully. In particular, note that should you wish to revoke the right of EOKAN's/HADA's TUE Committee to obtain the information related to your TUE application in accordance with the Athlete's Declaration, your TUE application will be deemed withdrawn without approval being granted.

Your information related to your TUE request will be retained by EOKAN/HADA and any other authorized recipients for no longer than necessary for the purposes stated in the Athlete's Declaration, in accordance with the International Standard for the Protection of Privacy and Personal Information.

CONTACT INFORMATION

For any further information and questions in relation to EOKAN's/HADA's personal information practices, please contact: EOKAN/HADA tel: +30-210 6832000 email: legal@eokan.gr

If you have a doubt as regards to which organization you should apply for a TUE, or as to the recognition process, or any other question about TUEs, please contact:

EOKAN/HADA, Ms. Spyridoula Christopoulou tel: +30-210 6832000-1 email: tue@eokan.gr

OTHER USEFUL LINKS:

[WADA International Standard for Therapeutic Use Exemptions \(ISTUE\)](#)

[WADA Checklists for TUE Applications](#)

[WADA Guidelines for the 2021 International Standard for Therapeutic Use Exemptions \(ISTUE\)](#)

[WADA Anti-Doping Education and Learning \(ADEL\)](#)